



Understanding your member assistance program.

The TELUS Health member assistance program provides you and your family crisis support. **We're available anytime and anywhere.**

The program is a confidential and voluntary support service that can help you take the first step toward change.

You and your immediate family members can access immediate and confidential support if you've experienced a traumatic or crisis event at work. After an initial assessment, you will receive up to six counselling sessions per situation.

You also have access to financial assistance through the assistance program.

Note that support is available 24 hours a day, seven days a week and 365 days a year, at no cost to you. If you are going through a difficult time, remember the program is only a phone call away.

Contact us today at
1-844-744-7026



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