

WE HAVE LAWS TO HELP KEEP EVERYONE SAFE AND HEALTHY AT WORK.

LIFTING & HANDLING



**AUPE
OCCUPATIONAL
HEALTH & SAFETY
COMMITTEE**

You have the right to a safe workplace that eliminates or reduces your chances of injury due to heavy, large or awkward loads. Know your rights and responsibilities when it comes to lifting and handling procedures.

Part 14 of the OHS Code - Lifting and Handling Loads:

- 208 (1) An employer must provide, where reasonably practicable, appropriate equipment for lifting, lowering, pushing, pulling, carrying, handling or transporting heavy or awkward loads.
- 208 (2) An employer must ensure that workers use the equipment provided under subsection (1).
- 208 (3) Workers must use the equipment provided for lifting, lowering, pushing, pulling, carrying, handling or transporting heavy or awkward loads.
- 208 (4) For the purposes of this section, a heavy or awkward load includes equipment, goods, supplies, persons and animals.
- 210 (1) Before a worker manually lifts, lowers, pushes, pulls, carries, handles or transports a load that could injure the worker, an employer must perform a hazard assessment.
- 211.1 (1) An employer must ensure that a worker who may be exposed to the possibility of musculoskeletal injury is trained in specific measures to eliminate or reduce that possibility.

If you experience issues regarding lifting and handling of loads you should:

- Report your concerns to your employer.
- Complete an OHS Issue Reporting form at www.aupe.org.
- Notify your AUPE Membership Services Officer at 1-800-232-7284.



**HAVE AN OHS ISSUE?
REPORT IT HERE**

***WE CAN HELP!
GO TO WWW.AUPE.ORG***

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