



Crisis Support & Financial Advisory Services for AUPE







Crisis Concept

- psychological imbalance when a person is confronted by an event representing a significant problem that cannot be solved with her usual resources
- generally lasts 4 to 6 weeks, with a peak between 24 and 48 hours
- caused by the failure of the person's coping mechanisms
- during the peak, the person is in a state of urgency and can manifest intense anxiety and vulnerability (potentially there is a suicidal risk)

Crisis is based on the person's perception of danger (internal or external) and not on an objective analysis of the danger!







Crisis can be...

 Situational - linked to potentially traumatic events or to events that are not potentially traumatic



Life cycle - related to life's stages: adolescence, marriage, birth of a child or departure, retirement, etc.







Crisis situation linked to potentially traumatic events

- Acts of interpersonal violence physical assaults, sexual assaults, death threats, armed robberies, wars, concentration camps, torture, forcible confinement, etc.
- Man-made accidents or technical errors car accidents, train or plane crashes, shipwrecks, ecological or nuclear disasters, explosions, fires, toxic spills, workplace accidents, etc.
- Natural disasters hurricanes, forest fires, earthquakes, tidal wave, storms, floods, tornadoes, etc.





Ongoing support to AUPE

- Account/Program Manager acting as liaison between EFAP and AUPE, providing ongoing program support and oversight
- Ongoing product knowledge and communication materials
- Quarterly reports with an annual global activity report
- Training and awareness support for AUPE Representatives





A bit about your EFAP Provider...

Experience: National EFAP, Crisis Support and Rehabilitation services provider, 40+ years

Counseling Network: over 5000 professionals nationally

Organizations:48,000+ companies

Employees: over 1 million







Our Triage Counsellors....

Are Masters level counsellors

Collect the necessary consent and authorization from the Participant

Perform an initial assessment

Provide a same-day response if the presenting issue is a crisis situation

Provide immediate information or referral to counseling services





Our Counselling Network....

Professional credentials (Masters in Social Work, Psychologists, Masters in Counseling etc.) Private offices **Current Criminal Record Checks** Appropriate Insurance Coverage and accreditation Average of 10 years in private practice

5000 strong in Canada and growing





NEW! Financial Advisory Services & Supports



Online Financial Counselling Tool	 Online tools and resources Assessment tool Debt/credit information
Financial Consultation for AUPE Member (and spouse/partner) (via Acquaint Financial) (excl. international tax)	 Debt/credit Divorce Investment planning Taxes Retirement Insurance
Financial Seminars and/or Workshops (via Acquaint Financial on a fee-for-service basis)	Budgeting and debt managementRetirement planning





Summary of services provided

- Dedicated toll free number available 24/7/365; (1-844-744-7026)
- Initial assessment during in-take call (includes screening to determine if the Participant is potentially suicidal);
- In-take determines if the member is eligible for the Crisis
 Support Service (crisis must be occupational in nature);
- Crisis and telephone counseling;
- Counselling appointment set up within 48 to 72 hours;
- Face-to-face counselling each Participant is entitled to a maximum of 6 sessions per case;
- Financial counselling supports: on-line and telephonic support
- Training and awareness support for the AUPE Representatives
- Dedicated Account/Program Manager
- Ongoing product knowledge and communication materials